

# Broken, Changed & Rearranged

You Are Just One Unbearable Truth Away from the Next Person You Are Meant to Be

## LIESL HAYS

Liesl Hays is a word artist, truth-teller, choice-maker, and inspirer. For over a decade, Liesl has been facilitating training, mentoring others, and creating development experiences that require people to dig deep. She is an entrepreneur, inn owner, and human resources consultant. Liesl runs on coffee, "to do lists," and the belief that life begins after you agree to write your own story. She lives in Lee's Summit, Missouri with her husband, Harlen, her children, Mady and Ethan, and their dogs, Lily and Bear.



**Liesl Hays believed that her deepest, darkest secret would destroy her life.**

**One afternoon, it did.**

Confronted with the truth of her secret by both her husband and her manager at work, Liesl Hays was thrown into a state of crisis and panic as the life she'd carefully built began to fall apart. And as she left her demanding and accomplished career as a Human Resources Strategist, she was struck with one question:

How could a thirty-four-year-old with a successful corporate career, doting husband, and amazing children be one secret away from blowing up her life?

According to Hays: "Crisis was the universe calling me back into existence."

As a hybrid of memoir and self-development guide, *Broken, Changed and Rearranged* reveals what happens when the worst moments of a person's life become public knowledge, and how personal tragedy can become a powerful tool of transformation and deliverance.

*Broken, Changed and Rearranged* will empower you to:

- Own your story so it no longer has power over you or those you love
- Identify beliefs and patterns that led you to choose your destructive stories
- Listen deeply to your inner voice and respect its wisdom
- Align your life priorities to what you care deeply about
- And MOSTLY...not allow unimportant voices to shape your life

**Are you ready to embrace the gift of crisis and set yourself free?**

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[www.LieslHays.com](http://www.LieslHays.com)

